



- Kayak Launch Spot
- Picnic Area
- Parking
- Restrooms
- Ranger Station
- Swimming
- NY Water Trail Locations



Launch Sites	Estimated Travel Times *
<b>Plumb Beach</b>	1 1/2 hours
<b>Sea Plane Ramp</b>	3 hours
<b>Mill Basin</b>	5 hours
<b>Canarsie Pier</b>	3 1/2 hours
<b>North Channel</b>	2 1/2 hours

These routes are only a suggestion based on Ranger lead tours.  
\*Times are only estimates, weather conditions, tides and abilities can drastically affects travel times.

Swimming: Only allowed where and when lifeguards are on duty

